

Advertisement

Insurance for the equipment and tools of your trade.

Get a quote you

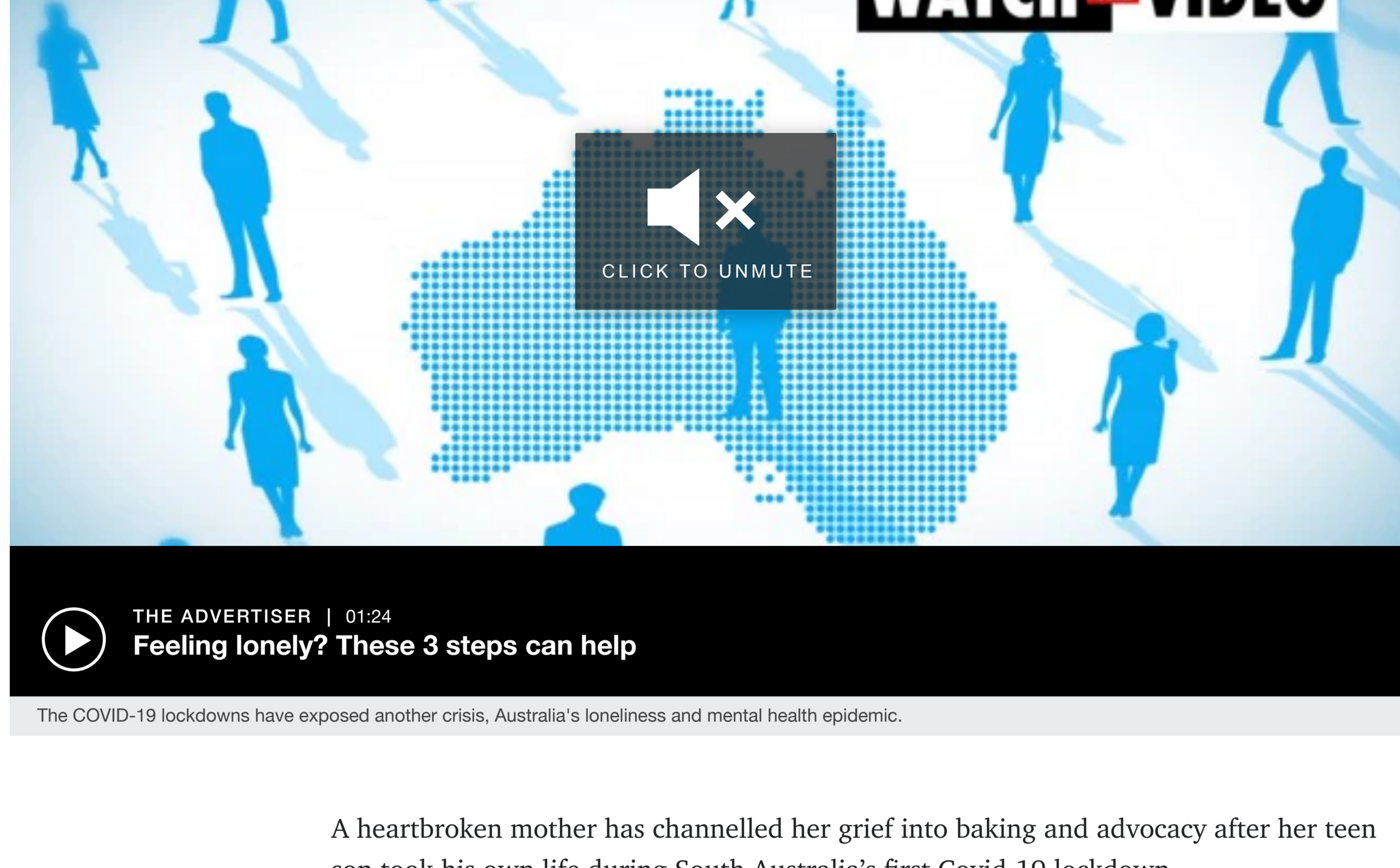
## Messenger

# Hallett Cove mother Megan White, has found the light at the end of the tunnel after shocking tragedy

A heartbroken mother has channelled her grief into baking and advocacy after her teen son took his own life during South Australia's first Covid-19 lockdown.

**Emily Jarvis** Follow

less than 2 min read July 24, 2021 - 8:00AM The Messenger 2 comments



Advertisement

**NEW TO BINGE?**  
Get a 14 Day Free Trial

SIGN UP NOW

**BINGE**

A heartbroken mother has channelled her grief into baking and advocacy after her teen son took his own life during South Australia's first Covid-19 lockdown.

On May 11, 2020, the day after Mother's Day, Megan White's eldest son Logan took his life, aged only 14 years old.

The Hallett Cove mum and entrepreneur now uses her Megs Makes baking business to spread awareness through the RU OK? suicide prevention charity.

Mrs White began her home business just under three years ago as a side hustle to pay off credit card debt.

"I was making the odd birthday cake here and there for colleagues in my office but at the time I was drowning in credit card debt," she explained.

"I couldn't afford to do anything but the minimum, so I thought if I started a Facebook page and begin getting a few cakes every week and start to pay them off."



Megan White's son Logan took his life in May last year, now she plans to keep his memory alive through her baking. Picture: Supplied

Fast forward to today, Mrs White's Megs Makes is a well established business recognised across the state.

However, there is still one thing missing in Mrs White's life: her son Logan.

She describes his passing as a "life altering loss" and not something any other parent to experience.

"In a cruel twist of fate, we lost my husband's mother the day after Father's Day," Mrs White said.

"My job at the time was very high pressure, which only hyper extended the grief with my own mental health issues.



Megan White's son Logan took his life in May last year, now she plans to keep his memory alive through her baking. Picture: Supplied

"I went back to work for around a month before I broke down and said 'I can't do this anymore'."

Despite still dealing with the raw loss of her young son while trying to support her other young son through the tragedy, Mrs White decided honour the memory of Logan,

raising over \$2,285 awareness for suicide prevention for RU OK? Day.

A year on, she's back to beat her record with a target of \$3000, designing a macaron in honour of Logan, RU OK? branded sugar cookies in orange – Logan's favourite colour.

**To support Mrs White and her cause you can order on her website [here](#).**

**MENTAL HEALTH SUPPORT IS AVAILABLE**

If you or someone you know needs assistance:

Lifeline on 13 11 14 or <https://www.lifeline.org.au/>

Beyond Blue 1300 224 636 or at [www.beyondblue.org.au](http://www.beyondblue.org.au)



Hide Comments

## Add your comment to this story

Join the conversation, you are commenting as **Megs Logout**

Comments My profile

**Commenting Guidelines**

Reader comments on this site are moderated before publication to promote spirited, safe and healthy debate. Thousands of comments are submitted daily and we do our best to publish as many as we can, but submitting one does not guarantee publication. Comments that remain unmoderated after seven days may be rejected. Need help? See our [FAQs](#) or [Commenting Guidelines](#)

By posting a comment you are accepting our [Terms and Conditions](#)

B I "

Post a comment

2000 characters remaining

POST COMMENT

All Comments Viewing Options

**Georgio** • 1 year ago (Edited)

Your story broke my heart Megan and I travelled far to buy some of your macarons last year.....they were delicious!  
All the best with your very important mission x

1 • Reply

**ALWAYS PENDING** • 1 year ago

So sorry for your loss  
Total respect for what you have and are doing.

3 • Reply

## More related stories

**DJ caught drug dealing after cops noticed 'unnatural bulge' in pants**

A drug-dealing DJ was busted when police noticed a "large" and "unnatural" bulge in his pants during a traffic stop in rural South Australia, a court has heard.

**She 'giggled': Vile grandfather's excuse for abusing girl, 4**

A Mount Gambier man who played a vile "cat game" when sexually abusing his four-year-old granddaughter told doctors she was too young to be traumatised, a court has heard.

## Good Afternoon Megs Recommended based on what you've read

**Robert De Niro's family heartbreak revealed**

**'Cry babies': England captain weighs in as UK rages**

**Robert Irwin's girlfriend: Everything you need to know**

RECOMMENDED TO FOLLOW

+East Hills +Sa Business +AFL +Police Courts Sa +Food Wine +Sport

Promoted Content

**Family ties: The special bonds in sport**

Most people started barracking for the team they love because of their family, but parents are giving kids more than a team when they take them to the big game.

**Trending now**

Police & Courts

**Murdered woman buried alive: Shocking court revelation**

Police & Courts

**\$200k Centrelink fraudster busted after house fire**

Basketball Live Stream

**LIVE Watch now: BA U16 Nationals, WA Country v Vic Metro, Boys**

Basketball Live Stream

**LIVE Watch now: BA U16 Nationals, Queensland North v SA Country, Girls**

Entertainment

**Cornes' daughter gets a kick at Moulin Rouge audition**

**Read More**

Celebrity Life

**Alarming new pics of TV star surface**

News

**Aussies say goodbye to popular iced drink**

Lifestyle

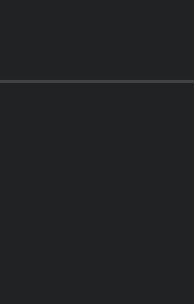
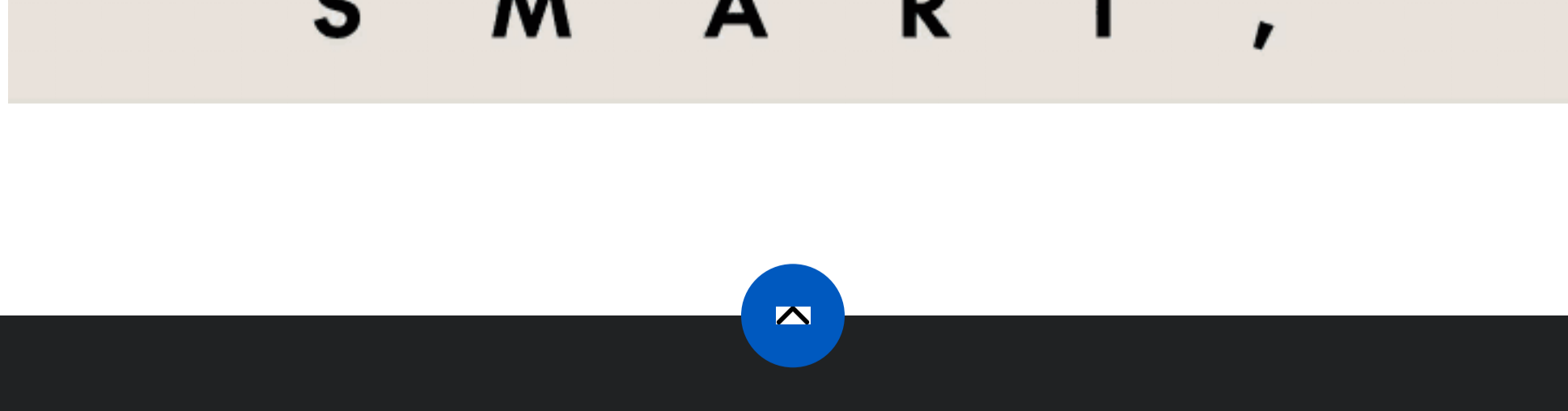
**Mum finds school lunch box notes kids kept from their dad**

Lifestyle

**Never leave a bad hotel review in Thailand**

Recipes

**20 easy-to-make chicken dinners**



**Membership**

Subscription packages  
Group/Corporate subscriptions  
The Advertiser app  
Today's Paper  
Newsletters  
Rewards

**About Us**

About us  
Meet the team  
Job opportunities  
Code of conduct  
Subscription FAQs  
Subscription terms  
Financial Hardship Policy

**Contact Us**

Help and support  
FAQs  
Letter to the Editor  
Photo Print Sales  
Licensing & Reprints  
Advertising with us

**Our News Network**

Herald Sun  
Courier Mail  
The Daily Telegraph  
news.com.au  
The Australian  
The Mercury  
Geelong Advertiser  
The Cairns Post  
Gold Coast Bulletin  
Townsville Bulletin  
The Chronicle  
NT News  
The Weekly Times  
CODE Sports

**Our Partners**

Buy Search Sell Classifieds  
Find Your Local  
Foxsports  
Foxtel  
Hipages  
Kayo  
My Tributes  
Punters  
odds.com.au  
racenet.com.au  
realestate.com.au  
Sky News  
Coupons

**Our Apps**

Download on the App Store  
GET IT ON Google Play